

Ski & Boot Care

Skis and Boards:

Step 1 – Use **clean, dry storage** with low humidity to keep your skis in tip-top shape during the off-season. A good place to store your equipment is a closet inside your house where humidity is generally controlled.

Step 2 – Get your skis **professionally tuned** by a reputable ski shop after your last day of skiing. When skis are tuned, they receive a new coating of wax on the entire bottom of the skis and ensure that the edges are free of nicks and burrs.

Step 3 – Whether or not you choose to get your skis tuned after the season, run a block of **paraffin or an old candle over the edges of your skis**. This will prevent [moisture](#) from rusting the edges during the summer months.

Step 4 – **Bind your skis together with Velcro ski wraps**. This prevents your skis from scissoring which may result in edge damage. It also makes them easier to store and transport.

Step 5 – Bindings. Manufacturers say all you need to do for storage is make sure they are clean. **Do not change your binding tension!** This was something that was recommended back in the 60's and 70's but manufacturers now design bindings to have tension. If you release the tension, this causes the springs to expand.

Step 6 – Green Tip: Let Your Old Skis Go to the Dogs.

Boots:

Step 1 – Care for your boots properly if you want them to fit properly next season. When you use your boots, moisture is created inside them. If this moisture is left unattended, it can make your boots stink or turn to mold. Start by **removing your liners from your boots**. Clean the inside of your shells and make sure they are dry! Never put your liners or insoles in the washer or dryer. If you have a smell that cleaning doesn't remove, there are many products available in stores that can help remove odor.

Step 2 – Let air dry for at least a day then put everything back together and (this is important) **buckle or lace your boots closed!** If you fail to do this, the material in your boots start to take on a different shape. This will mean your boots will not fit as comfortable next season. Buckle or lace them snug enough to keep your boots in the proper shape. Do not over tighten as this can stretch the material of your boots over the summer.

Step 3 – **Cover your ski boots during storage**. Most of us have a boot bag which works great. If not, use plastic bags from supermarkets, they will work fine for storing your boots during the summer. Covering your ski boots keeps them dry, free of dirt and other debris and helps prevent spiders or other insects from taking up residence in the toes of your ski boots during the summer.

SKIING / BOARDING TIPS & REMINDERS

1. Fun on the Slopes. Always follow the Rules of the mountain, they are there so no one will get hurt and everyone will have more fun. A few simple Rules to follow:

1. *Respect of others*
2. *Control of speed and skiing*
3. *Control of direction,*
4. *Crossing the Piste – watch out for other when crossing the trails,*
5. *Overtaking – make sure you have enough room to overtake another skier and do not endanger anyone.*
6. *Stopping – avoid stopping in the middle of the trail. Find a safe place to stop,*
7. *Respect for signals – Follow all signs,*
8. *Conduct at accidents – everyone should assist if needed,*
9. *Fun, Sun & Skiing Safely – Let's do it right and have fun!*