



POWDER

Winter, Spring, Summer and Fall,

EXPRESS

FALL LINE That Is...

The Official Newsletter of the Fall Line Ski Club

February 2008

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❄️❄️ UPCOMING ❄️❄️

❄️ EVENTS ❄️

Happy Hour
Ott's Green Top Inn
February 8, 2008

Ski Fernie/Big Mountain
February 9-16, 2008

Swanky Bubbles HH
February 22, 2008

Sugarbush, VT
February 22-24, 2008

Sun Valley, ID
February 23
March 1, 2008

Jay Peak, VT
February 28-
March 2, 2008



Save The Date

Friday, May 16, 2008

Spring Fling

We Will Be @ Valleybrook Country Club in Blackwood for our annual Spring Fling and for our Golf Outing as well !! Looking Forward to Party w/ food, fun, dancing, w/ our D.J. Tom. Great food, drinks, party, etc. **More Details to follow!!**

The Hangover classic is back!!! There is a golf outing at Valleybrook on the Saturday after our Spring Fling event. Anyone who wishes to participate - call Brad Land @ 608-605-0861 to confirm, more details to follow next month. Looking forward to having a great Spring Fling and a fun day of Golf!!

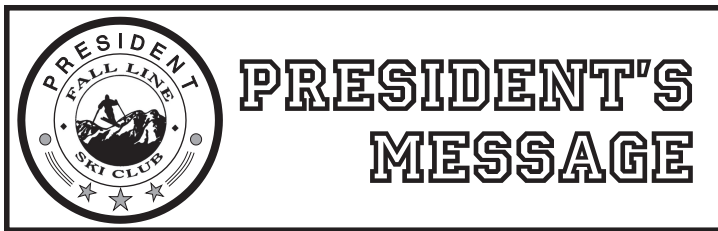


FEBRUARY 5, 2008 MEETING EVENT

Come out to Fall Line's February 5th meeting at 8PM to hear a presentation by David Schuld a physical therapist from Schuld Physical Therapy.

Mr. Schuld will provide us with information on exercises and stretches that can be done to help avoid injuries during the ski season. Not all injuries can be avoided, but being in better shape can help us avoid a few of them.

So remember the date and plan to be at Fall Line's February 5th meeting to hear a presentation on this important topic and maybe you might win an ice pack.



Well, here we are in February, in the middle of our ski season. Where has the time gone? I swear I **just** recovered from my New Year's hangover! Anyway, our season is going great so far and February looks like it's going to continue the great year for us. We have had some spectacular trips so far and there are still more to come. Before we know it, we'll be closing out the year at the Spring Fling. This, by the way, will be held May 16th at the Valleybrook Country Club in Blackwood, NJ, so save the date for the Fling and don't let the ski season get away from you. There are still a few spots left on select trips so it's not too late to get in a few more ski days this year.

Now, you know when we start talking about the Fling, we're also going to start talking about another topic, elections. That's right, it is election time again. As always, we are in need of people who are willing to give some of their time to help Fall Line continue to be the wonderful force that it has become. If you are interested in running for a board position, or maybe are just curious about what is involved, please see me or any other board member for information. Please don't wait until the last minute to voice your interest. Let any of us know early and write up a short bio on yourself for publication in the Newsletter. We'd like to publish these bios in the March Newsletter, which means they have to be turned in **no later than February 12th**. Don't let the naysayers scare you away; serving on the Board is really a rewarding and fulfilling experience.

One more thing about the elections this year, as you saw in last month's Newsletter, we have been looking over the By-Laws of the Club to see if there are any areas that need to be updated to keep up with the times. Turns out there are a few changes that need to be made to keep up with the times. We will be circulating petitions to authorize the changes being put out for a vote by the membership. These petitions will be available at the February general meeting and the first March general meeting. Once enough signatures are collected on the petition, the changes will be voted on during this year's election. If you have any questions about the proposed changes, please feel free to contact me.

Siobhan

OTT'S H H

Fall Line Happy Hour

Ott's Green Top Inn
Friday, February 8, 2008
6 PM - ??

Ok, we know it's getting cold out,
but you know what's hot??

The happy hour Fall Line will be having at
Ott's Green Top Inn.

Come join your fellow Fall Liners on
Friday, February 8th starting at 6PM at
Ott's located in Berlin, NJ at 588, Rt. 73 S.

The specials that night run from
6-8PM and include:

\$2.00 Miller High Life and
High Life Light Bottles

.50 off domestic Bottles of Beer
\$3.00 Well Drinks

For further information, or directions to
Ott's Green Top Inn, please call Ott's at
(856) 767-3534, or check out their website -
www.ottsrestaurants.com/Greentop/events

We are holding a **Summer Trip Meeting** on
Wednesday, Feb 20th @ the Archibald home -
1202 Winston Way, Cherry Hill. N.J. @ 7pm.
Looking forward to all Summer event persons to
be there w/great new ideas. and firming up plans
already in the works. Please let me know if you
will attend. Thanks in advance -
Marie Eagan STC 609-605-1332





Fall Line Ski Club

2007-2008 Winter Trip Schedule as of February 2008

All FLSC trips include Lift Tickets.

FLSC provides Beer, Wine & Soda on weekend bus trips.

Extended trips include air and ground transportation.

Lodging is two per room.

Prices Are Subject To Change.

| Date | Location | Trip Leader | Lodging | Some Features | Opens | Price |
|---|--|-----------------------------------|--|---|-----------------------------|---------|
| December 12 th – 17 th | Keystone, Colorado | Mike Wirtshafter 856-243-0209 | Inn at Keystone | 5 nights lodging, 4 day ski pass valid at Keystone, Breckenridge, Arapahoe Basin and Vail, party | Too Late | \$849 |
| January 11 th – 13 th | Killington, Vermont | Tammy McCoy 856-840-1025 | Chalet Killington Lodge | New lodging this year. Hot buffet breakfast included, outdoor heated pool | Too Late | \$369 |
| January 19 th – 26 th | Breckenridge, Colorado | Sara Walls 609-747-8582 | Great Divide Lodge Deluxe Rooms | Eastern PA Ski Council Carnival 2008 - Week-long party – Lots of extras included See trip leader for details | Too Late | \$1,339 |
| January 25 th - February 3 rd | Val Di Fassa/ Verona, Italy | Pat Maguire 856-772-1120 | 4* Gran Baita Villa Mitzi Hotel 4* Accademia Hotel in Verona | Non-stop airfare JFK to Italy, 7 nights in Val Di Fassa with daily buffet breakfast & dinner, 6 day Dolomiti Superski, pass 1 night in Verona including buffet breakfast | Skiing as you read!! | \$1,839 |
| February 1 st – 4 th | Stowe | Laura Wirtshafter 856-243-0209 | Northern Lights Lodge | 3 nights lodging, 3 breakfasts, 2 dinners, indoor pool & hot tub Plus Super Bowl Party | Open But Hurry! | \$449 |
| February 9 th – 16 th | Fernie/Big Mountain | Bob Suravage 609-654-5521 | Wolf's Den at Fernie & Kandahar Lodge at Big Mountain | 1 week 2 resorts. 3 days at Fernie and 2 days at Big Mountain, motor coach transfers between airport, Fernie, Big Mountain, party | Get on Waitlist | \$1,439 |
| February 22 nd – 24 th | Sugarbush, Vermont | Deb Taraska 609-747-8582 | Inn at Sugarbush | Another Fall Line favorite 2 days of great skiing | Get on Waitlist | \$339 |
| February 23 rd – March 1 st | Sun Valley, Idaho | Carol Goodhue 856-866-9097 | Sun Valley Inn | Roundtrip airfare Philadelphia/Boise, 7 nights lodging, 5 of 7 day ski pass, party | Open | \$1,604 |
| February 28 th – March 2 nd | Jay Peak, VT | Sofia Dobkin 856-495-7559 | Hotel Jay | Ski in/Ski out, 2-hour group lesson or mountain guide for 2 days. 3 breakfasts, 2 dinners and a wine & cheese party | Open | \$489 |
| February 29 th - March 9 th | Zell am See Austria/ Munich Germany | Ann Marsteller 856-772-9414 | 4* Hotel Stadt Wien and 4* Platzl Hotel in Munich | Round trip non-stop airfare Newark to Munich, 7 nights in Zee am See including buffet breakfast and dinner daily, 6 day lift ticket, one night in Munich including buffet breakfast | Get on Waitlist | \$1,979 |
| April 3 rd – 8 th | Vail, Colorado | Jeff Stein 856-728-1254 | Evergreen Lodge | Round trip airfare Philadelphia/Denver, 5 nights lodging, 4 of 6 day lift pass, party | Get on Waitlist | \$939 |

Prices in **bold** reflect early sign-up discount. This discount is available only at trip opening for weekend trips; for weeklong trips it's available for the first two meetings the trip is open. You must be a member to sign up!



MEETING INFORMATION

General Meetings... are held the first and third Tuesday each month (except for December) at The Elephant & Castle on Route 70 in Cherry Hill. Meetings are from 8:00 pm until 10:30 pm for trip sign-ups, announcements, information and socializing. Please bring a friend, for newcomers are always welcome.

Board Meetings... are held the 2nd and 4th Tuesday of each month and start at 7:30 p.m. In order for the board to discuss all agenda topics in a timely fashion, members who wish to attend a meeting must contact the Fall Line President prior to the meeting. Your cooperation in this matter is appreciated.

Winter Trip Committee Meetings... are conducted by Kathie Read, board member and Winter Trip Chair, and occur monthly. Please call Kathie (215/587.2779) if you are interested in attending or participating.

Summer Trip Committee Meetings... are conducted by Marie Eagan, board member and Summer Trip Chair, and occur monthly. Please call Marie (856/784-8524) if you are interested in attending or participating.

MEMBERSHIP INFORMATION

Fall Line Ski Club membership begins May 1 and ends April 30. Membership applications for renewals and new membership are accepted anytime during the year. The membership fee is \$25.00 through 9/7/07 and \$30.00 afterwards.

Members have the privilege of attending all Fall Line Ski Club activities during the summer season as well as next ski season. Membership applications may be obtained at any General Meeting, on the penultimate page of most newsletters, at our web site at www.FallLineSkiClub.org or through the mail by contacting:

Robyn Taddei
9109 Verree Road
Philadelphia, PA 19115-2801
Phone: 215/969.4736
eMail: Membership@FallLine.org

The membership application should be completed in a legible manner to ensure the proper forwarding of all club correspondence. Any member not receiving the newsletter should stop at the membership table during a General Meeting.

Changes in address or phone numbers should be reported as soon as possible so that you may remain informed of all Fall Line events and activities.

2007-08 OFFICERS & BOARD MEMBERS

Officers:

PRESIDENT - Siobhan Michaud 856/608-1320
PRESIDENT-ELECT - Patty Shearer 856/778-4657
TREASURER-ELECT - Patty Shearer 856/778-4657
SECRETARY - Nona Luce 856/778-1942
Club Phone 856/931-4462

Board Members

STEVE ARCHIBALD 609/238-1362
LOU CULLEN 609/760-8412
MARIE EAGAN 856/784-8524
BETH EILERS 609/518-0182
JOHN KENNEDY 856/784-5114
JANICE LYNCH 856/858-6411
KATHIE READ 215/587-2779
WAYNE SCHOFIELD 856/931-2173

It's Snow Problem!

ABOUT THIS NEWSLETTER

QUESTIONS? COMMENTS? IDEAS?

PLEASE CONTACT:

JANICE LYNCH, Editor

Janice@FallLine.org

CONTRIBUTING EDITORS:

BRAD ZACHARIA AND PATTY SHEARER

DESIGN AND TYPESETTING by

D & B DESIGNS

Bill Kaisla AND DAN SCHARNITZ

eMail: WMKaisla@comcast.net

Newsletters can be found on-line at FallLineSkiClub.org. If you do not wish your name to appear in the newsletter or on-line, please request it in writing to the trip leader **PRIOR** to the trip!



BOWLING EVENT

Please join us for the 14th Annual Remington & Vernick Bowling Charity event March 29, 2008 at Bakers Lane in Cherry Hill, NJ on Cuthbert Blvd. There will be live entertainment, food, and 50/50 drawings. The sign up will be first come first serve for the three sessions which are morning, afternoon, and evening. Call G Respes at 856-983-1991 or keep an eye out for more details in the March newsletter



BOOT FITTING

This article was taken from skiessentials.com the online home of Pinnacle Ski & Sports located in Stowe, Vermont

Have you checked your boots lately? Do they pinch? Do your toes tingle? Does your foot slip around, making it hard to control your skis?

Lots of people think that ski boots are destined to be uncomfortable, so they suffer through it. It's just not true. Boots that fit well should feel good.

It's tough to buy online, but if you know what to look for it can be done successfully. We've provided some valuable information below on what you need to know before you buy a ski boot. Fit is important, so get good insoles and wear your new boots around the house a bit before you go out on the hill.

1. It's always a good idea to try boots on whenever possible before you buy them. The salesperson should look at your feet to determine the shape your foot should go into. Each brand has its own unique fit, not every brand fits every foot, nor is it intended to.

2. Have your foot measured and sized for a shell.

3. Remember to pull out the standard footbed and insert your custom footbed before trying on the boots. Custom footbeds are highly recommended for a proper fit. New boots should fit snugly around the entire foot, very snug. Remember, you'll gain 1/8 to 1/4 of a size as the boot packs in over time.

4. The boot should reflect your ability with some room for improvement.

5. You should be able to flex the boot. If you can't flex the boot at room temperature, this doesn't bode well for flexing a boot stiffened by the cold of a normal ski day!

How should a ski boot fit?

Your boot should feel comfortable and snug. When you flex your knees forward, your heel should stay in the heel pocket. Your toes need wiggle room!! It's all right to feel the front of the boot, as long as your toes pull away a bit from the shell when the boot is buckled and your knees are flexed. The liners will compress and stretch over time; some minor pressure will disappear by itself.



The area from the instep through the top of the ankle should be snug but not cramped or painful. The foot should be held firmly without setting the buckles too tightly. The fit should be from the boot itself, not the buckle system.

Even with the best fit boot, some problems need to be corrected by having your boots custom fit. Toe room can be expanded, boot tongues adjusted, and your position in the boot improved by inserting custom insoles to support your foot in a neutral position.

BEACH HOUSE

AVALON SHORE HOUSE

Great 4 Bedroom
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Jack's

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Call Ann at 856-772-9414 or
Dennis at 856-429-9780



Fall Line Ski Club

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Cherry Hill, NJ 08034

Address Service Requested

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Permit No. 884

PLEASE VISIT FALL LINE SKI CLUB'S WEBSITE @
www.FallLineSkiClub.org
"As featured in the Philadelphia Inquirer"

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FEBRUARY 2008

POWDER EXPRESS

Come check out a new Fall Line Happy Hour location!!
Friday February 22nd we will be going to Swanky Bubbles.
If you remember going to Olives in the past,
this is now in that location.
Swanky Bubbles is located at
482 Evesham Rd. in Cherry Hill, NJ.
The specials that night will run from
4:00 PM to 7:00 PM and include:
\$3.00 Domestic Drafts • \$5.00 Champagne Cocktails
\$5.00 Well Drinks • \$5.00 Smirnoff Vodka Drinks

For additional information, or directions, please call

Swanky Bubbles at (856) 428-4999,

or check out their website: <http://www.swankybubbles.com>

Fall Line Happy Hour
Swanky Bubbles
Friday, February 22, 2008
5PM - ??

